|| Shri Surya Chalisa ||
|| Om Shri Ganeshaya Namah ||

|| Doha ||

Shri Ravi Harat Ho Ghor Tam, Agnit Kiran Pasaari |
Vandan Karun Tab Charanan Mein, Ardhya Deu Jal Dhaari ||

Sakal Srishti Ke Swami Ho, Sachrachar Ke Nath |
Nisdin Hot Tumse Hi, Hovat Sandhya Prabhaat ||

|| Chaupai ||

Jay Bhagawan Surya Tam Haari, Jay Khagesh Dinkar Shubhkaari |
Tum Ho Shristi Ke Netra Swaroopa, Trigun Dhaari Trai Ved Swaroopa ||

Tum Hee Karta Paalak Sanhaarak, Bhuvan Chatudarsh Ke Sanchaalak |
Sundar Badan Chaturbhuj Dhaari, Rashmi Rathi Tum Gagan Vihari ||

Chakr Shankh Aru Shwet Kamaldhar, Varmudra Sohat Chotekar |
Sheesh Mukut Kundal Gal Mala, Chaaru Tilak Tab Bhaal Vishala ||

Sapt Ashv Rath Atidrut Gaami, Arun Saarathi Gati Aviraami |
Rakt Varun Aabhooshan Dhaarak, Atipriya Tohe Laal Padaarth ||

Sarvatma Kahe Tumhen Rigveda, Mitra Kahe Tumako Sab Veda |
Panchadevon Mein Pooje Jatae, Manavanchhit Phal Sadhak Paate ||

Dwadash Naam Jaap Uddhaarak, Rog Shok Aru Kasht Nivaarak |
Maan Kunti Tab Dhyan Lagaayon, Daanveer Sut Karn So Paayo ||

Raja Yudhishthir Tab Jas Gaayo, Akshay Paatra Vo Van Mein Paayo |
Shastra Tyaag Arjun Akuraayon, Ban Aaditya Hriday Se Paayo ||

Vindhyachal Tab Marg Mein Aayo, Haahakaar Timir Se Chhayon |
Muni Agastya Giri Garv Mitaayo, Nijatak Bal Se Vindhya Navaayo ||

Muni Agastya Tab Mahima Gaayi, Sumir Bhaye Vijayi Raghurai |
Tohe Virok Madhur Phal Jaana, Mukh Mein Linhee Tohe Hanumana ||

Tab Nandan Shanidev Kahaave, Pavan Ke Sut Shani Teer Mitaave |
Yagy Vrat Stuti Tumhaari Kinhi, Bhent Shukl Yajurved Ki Deenhi ||

Suryamukhi Khari Tar Tab Roopa, Krishna Sudarshan Bhanu Swaroopa |
Naman Tohe Onkaar Swaroopa, Naman Aatma Aru Kaal Swaroopa ||

Dig Digant Tab Tej Prakaashe, Ujjwal Roop Tumhi Aakashe |
Dash Digpal Karat Tab Sumiran, Anjali Nitya Karat Hain Arpan ||

Trividh Taap Harata Tum Bhagwan, Gyaan Jyoti Karata Tum Bhagwan |
Saphal Banaave Tab Aaraadhan, Gayatri Jap Saral Hai Saadhan ||

Sandhya Trikaal Karat Jo Koi, Paave Kripa Sada Tab Vo Hi |
Chitt Shaanti Suryaashtak Deve, Vyaadhi Apaadhi Sab Har Leve ||

Ashtadal Kamal Yantra Shubhakaari, Pooja Upaasan Tab Sukhakaari |
Maagh Maas Shuddha saptami Paawan, Aarambh Ho Tab Shubh Vrat Paalan ||

Bhaanu Saptami Mangalakaari, Bhakti Daayini Doshan Haari |
Ravivaasar Jo Tumako Dhyaave, Putraadik Sukh Vaibhav Paave ||

Paap Roopee Parvat Ke Vinaashi, Vraj Roop Tum Ho Avinaashi |
Rahu Aan Tab Graas Banaave, Grahan Surya Toko Lag Jaave ||

Dharm Daan Tap Karat Hai Saadhak, Mitat Rahu Tab Peeda Baadhak |
Surya Dev Tab Kripa Keeje, Deergha Aayu Bal Buddhi Deeje ||

Surya Upaasana Kar Nit Dhyaave, Kusht Rog Se Mukti Paave |
Dakshin Disha Tori Gati Jaave, Dakshinaayan Vo Hi Kahalaave ||

Uttar Maargi Toro Rath Hove, Uttaraayan Tab Vo Kahalaave |
Man Aru Vachan Karm Ho Paavan, Sanyam Karata Bhalit Aaraadhan ||

|| Doha ||

Bharat Das Chintan Karat, Ghar Dinakar Tab Dhyan |
Rakhiyon Kripa Is Bhakt Pe, Tumhaari Surya Bhagwan |

|| Om Shri Surya Devaya Namah ||